

WINDWARD TAKE DOWN (port approach, port rounding)

BOW	CockPIT	PORT	STARBOARD	MAIN	HELM
Examine Jib sheets on clew & Lower pole to working height	Flake Spin, Jib, & Pole hlyds	Trim spinnaker. Flake sheets.	Trim spinnaker. Flake sheets.	Adjust outhaul, Cunningham, traveler. Flake sheet	
Jump Jib Hlyd	Raise Jib Hlyd			Load Jib sheets	
		Pass guy to STBD	Trim both sheet & guy	Adjust backstay	
		Become human guy			Announce "Kill pole"
Trip guy & pole from mast		Trim port spin sheet	Trim stbd spin sheet	Lock-in winch handle	
Store pole	Lower topping lift				
					Announce "Douse"
Haul port spin sheet	Lower spin hlyd	Haul port spin sheet	Blow spin sheet		Announce "Boom Over"
			Jibe jib	Jibe boom	
	Pack spinnaker		Trim stbd jib sheet	Trim mainsheet	Turn boat
Announce "Clear to tack"					
Adjust Jib cunningham		Tail jib sheet			
		Lock & load lazy jib sheet			
	Clean lines	Clean lines		Clean lines	
					Praise crew